English Grammar – Intensive or Emphatic Pronouns

Worksheet-1

Find out which pronouns in the following sentences are reflexive and which are emphatic.

1. I myself completed the whole task.
2. We are often very critical of ourselves.
3. He himself did that.
4. I myself approached the officer and got it done.
5. He himself did the painting.
6. John did it himself.
7. Don’t touch that machine. You will harm yourself.
8. I will grant myself six days to complete that task.
9. Jill herself was not satisfied about the plan.
10. The armed militant shot himself.
Worksheet-2

Fill in the blanks in the following sentences with appropriate intensive pronouns.

1. Mark wondered whether he .............. was the only one paying attention to what the speaker was saying.
2. Rose understood that she .............. could bring about positive changes in her family, if she really put an effort into it.
3. The only person who can change you is you ..............: no one else can change you.
4. The group members understood finally that they .............. had to prepare the presentation.
5. We cleaned the compound all by ....................
6. He is a little nervous about walking by ................... after dark.
7. The team ...................... is responsible for the defeat: no one else.
8. I ...................... deal with the complaints section.
9. The task ...................... is not very demanding: it is the preparation that is grueling.
10. They ...................... have to volunteer for the job: no one will force them.
Worksheet-1 Answers

1. Emphatic
2. Reflexive
3. Emphatic
4. Emphatic
5. Emphatic
6. Emphatic
7. Reflexive
8. Reflexive
9. Emphatic
10. Reflexive

Worksheet-2 Answers

1. himself
2. herself
3. yourself
4. themselves
5. ourselves
6. himself
7. itself
8. myself
9. itself
10. themselves