

Teacher's Edition

MONSTERME

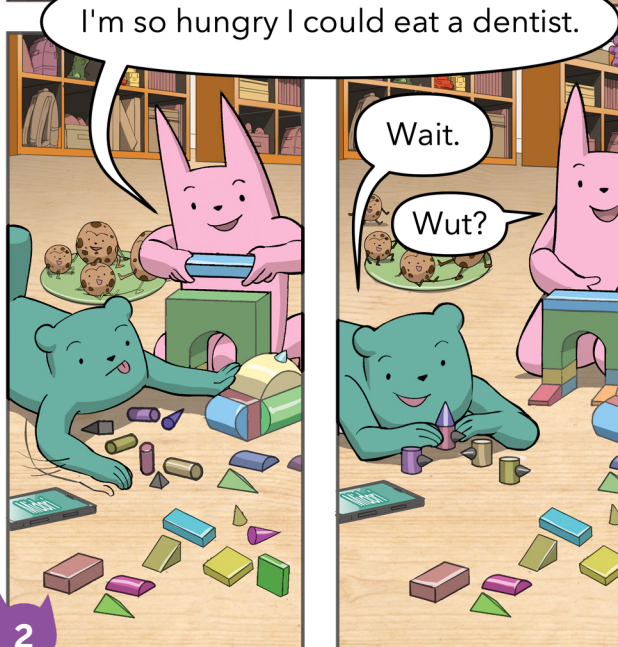
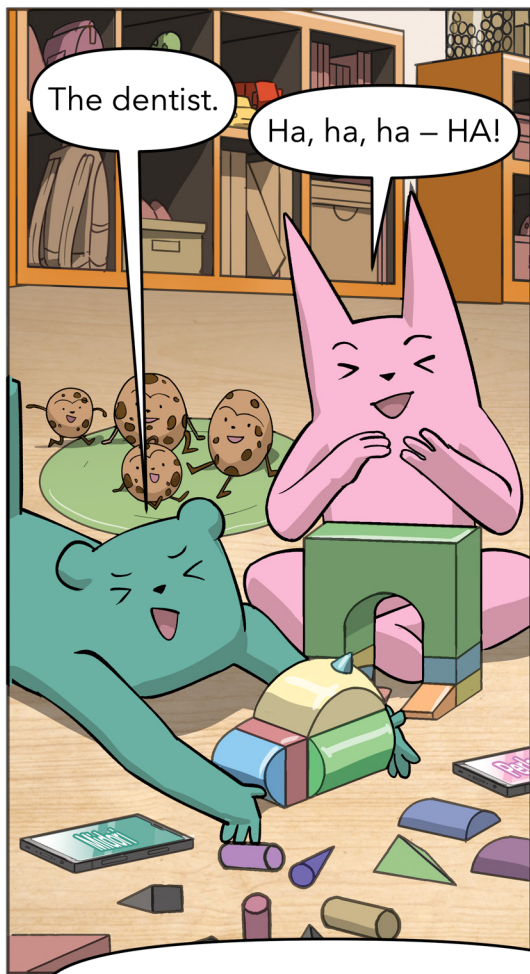
BODY CHEMISTRY



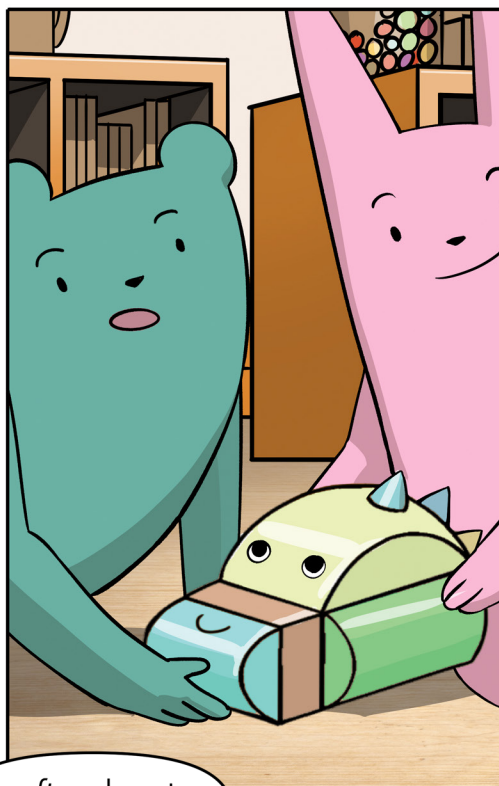
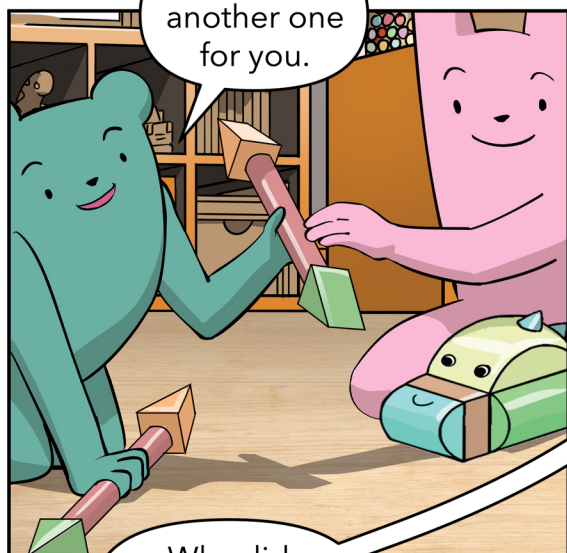
iPOP! LABS

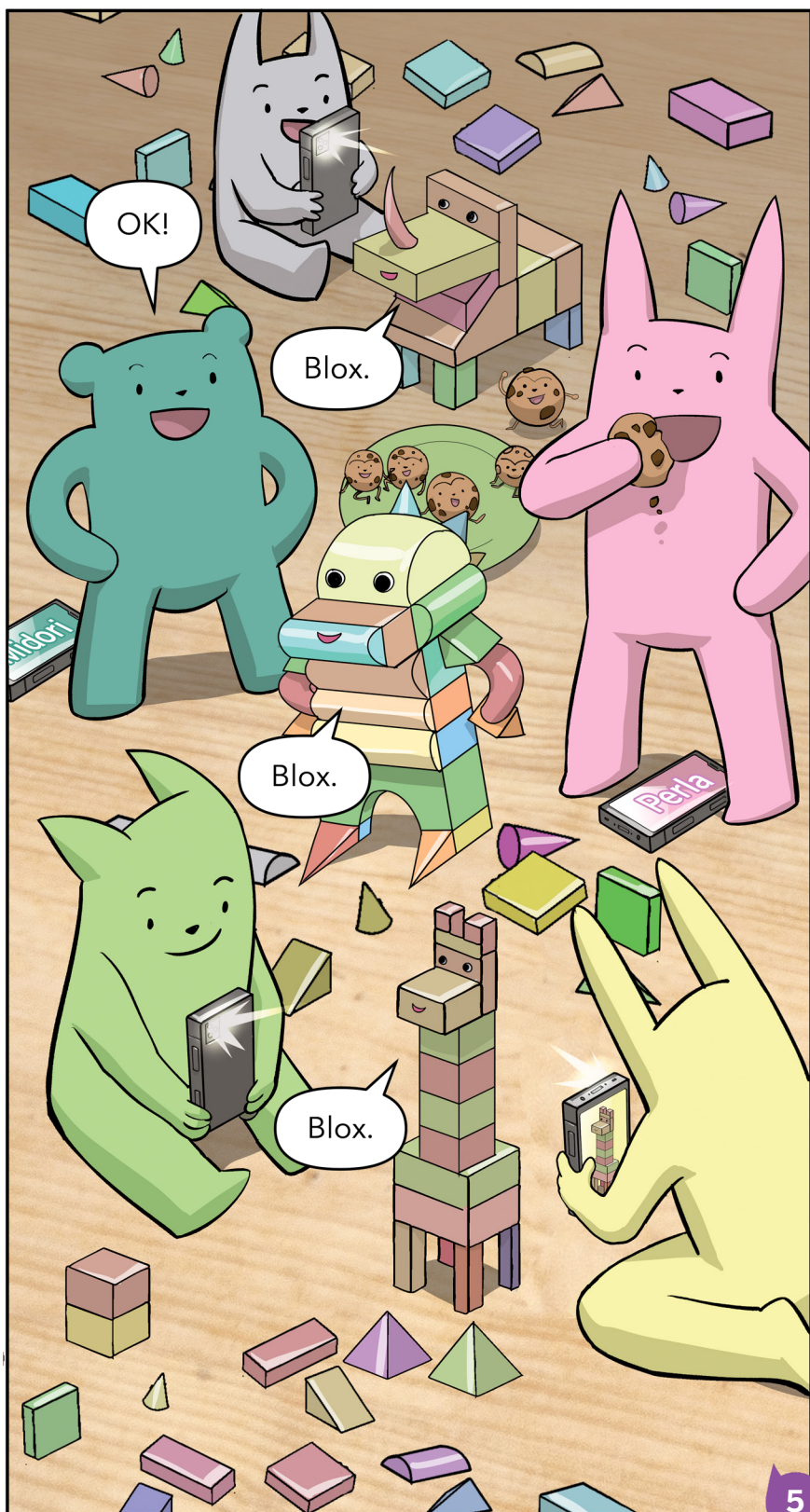


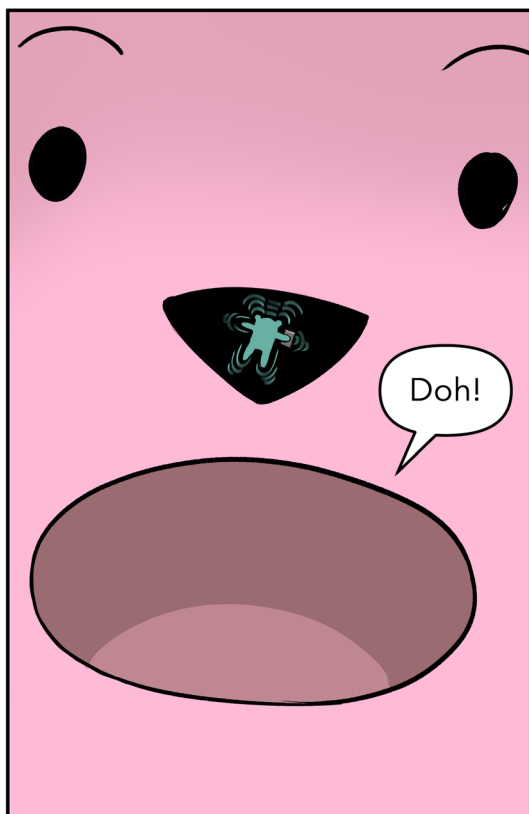






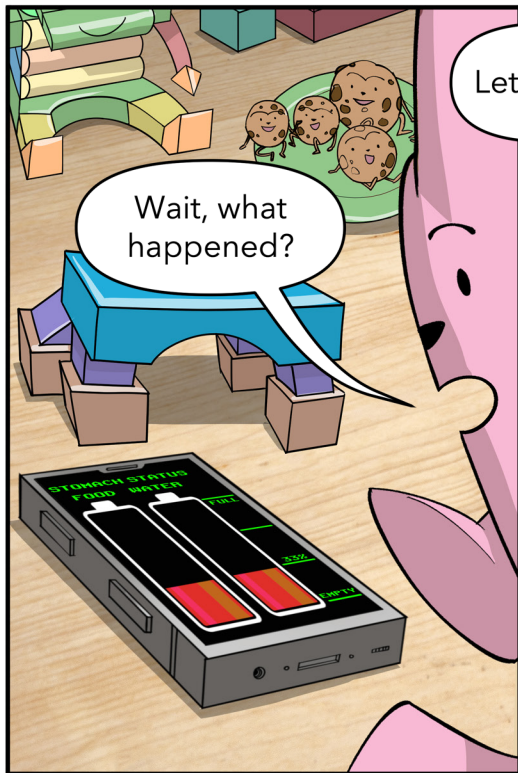
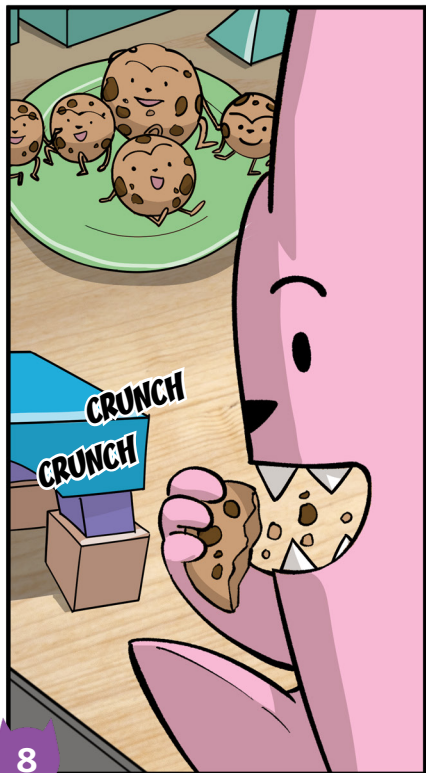
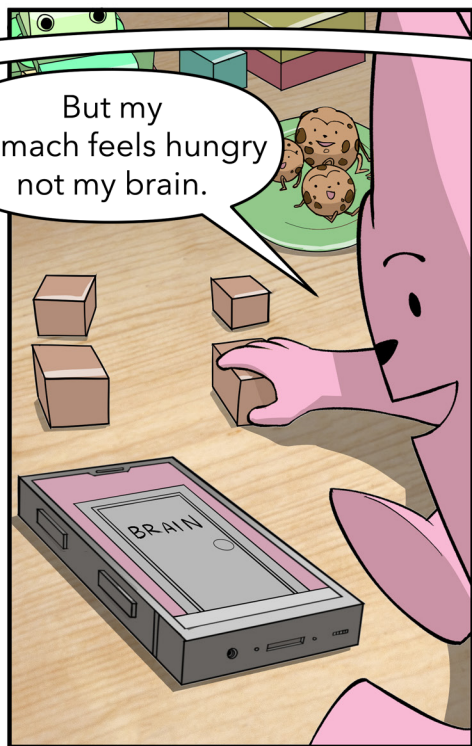
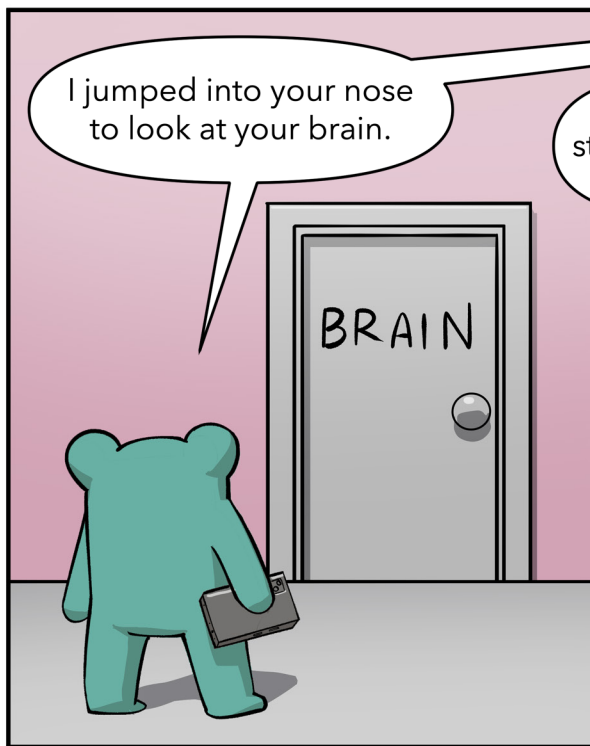






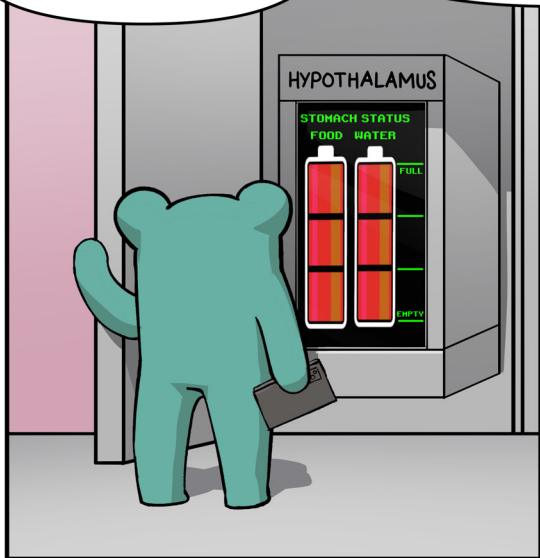


Dhy did dou dump
din dy dose?

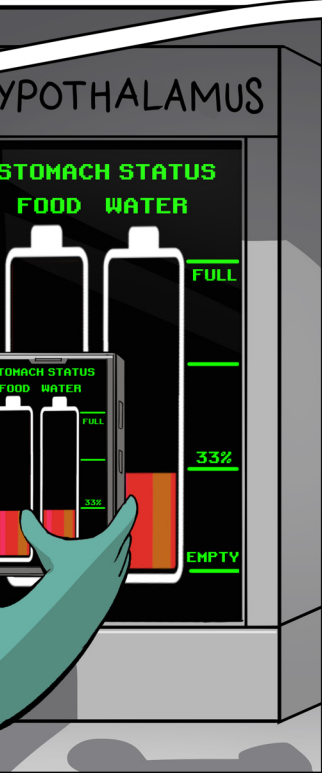


This part of your brain makes your stomach feel full...

...when you have had enough to eat and drink.



Yes I see.

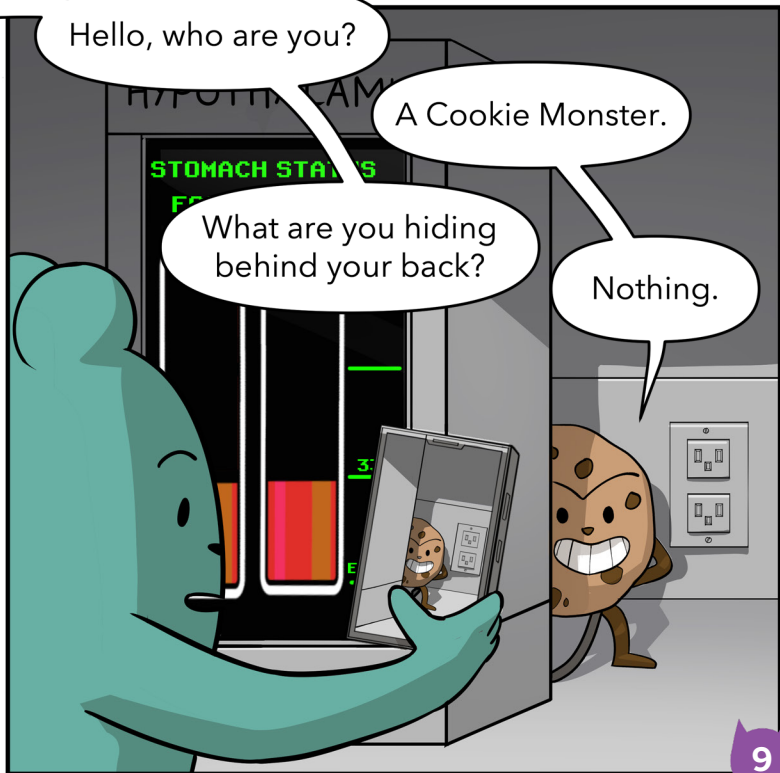


Hello, who are you?

A Cookie Monster.

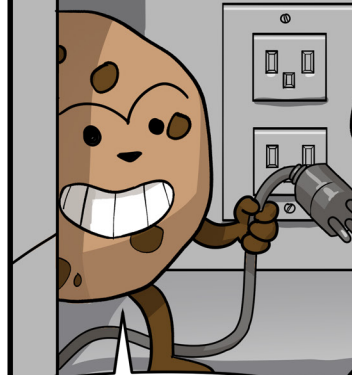
What are you hiding behind your back?

Nothing.





The United States Government requires you to show—

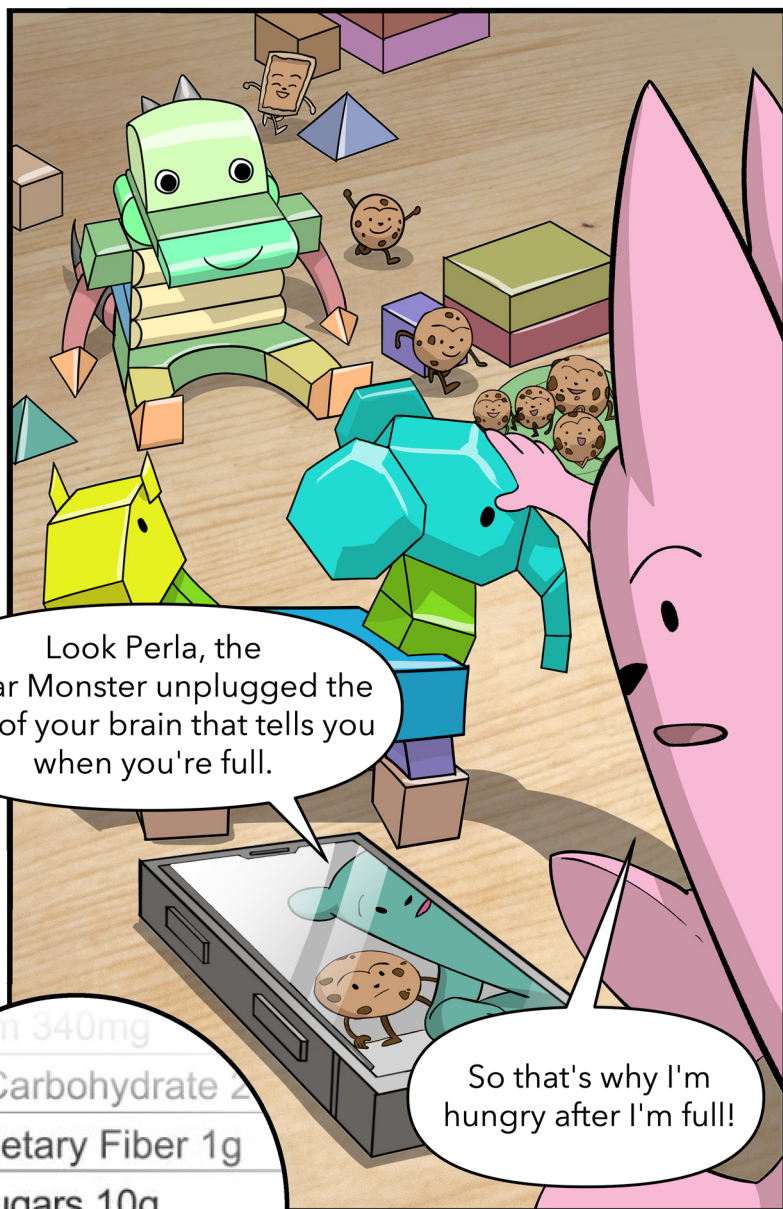


Grumble gov'ment.

Aha, 10 grams of added sugars. You're a Sugar Monster.

No such thing.



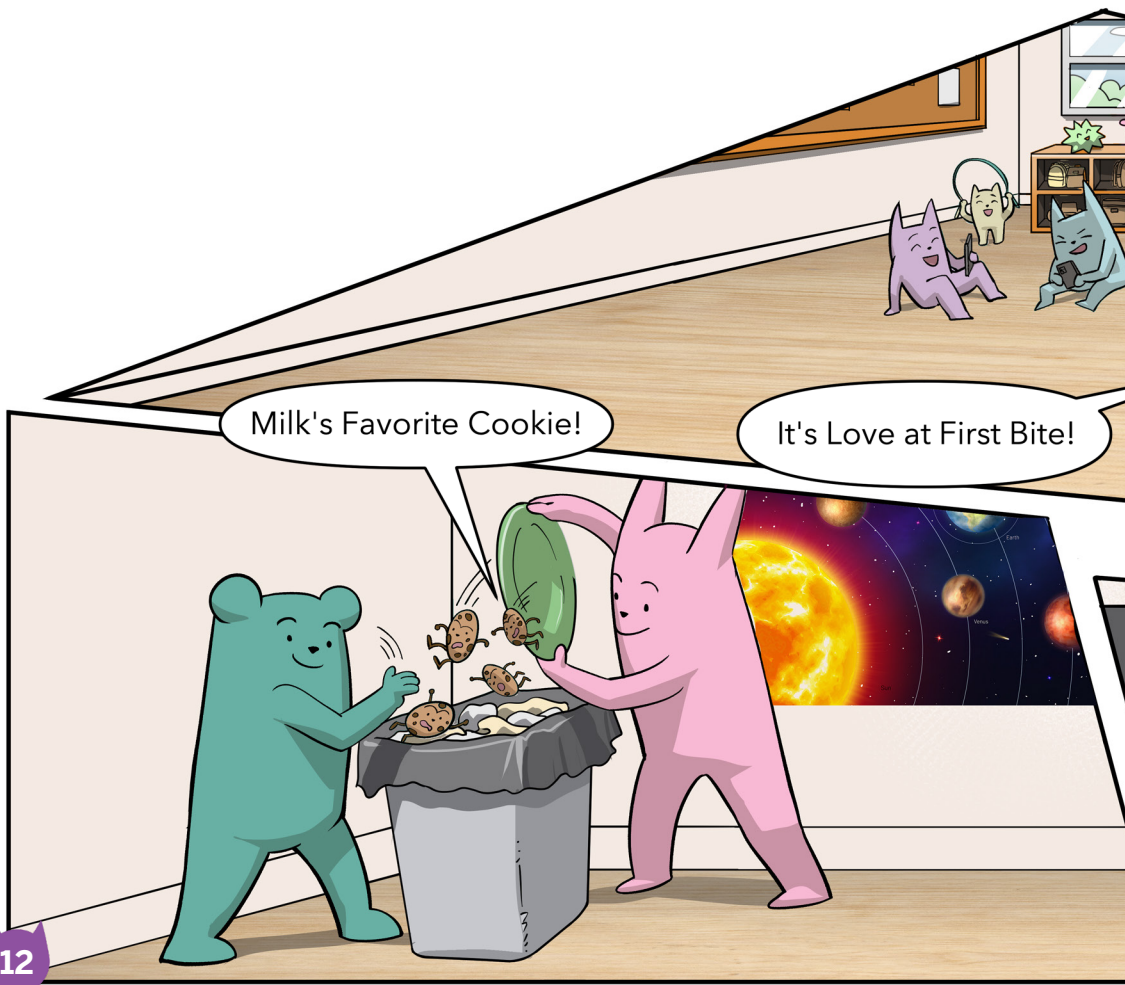
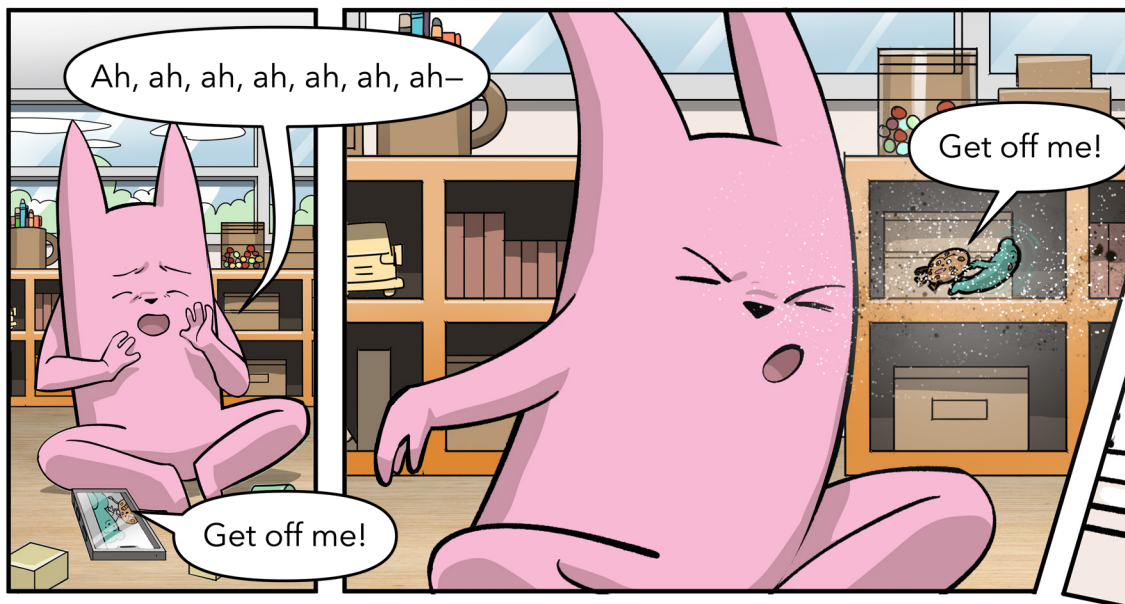


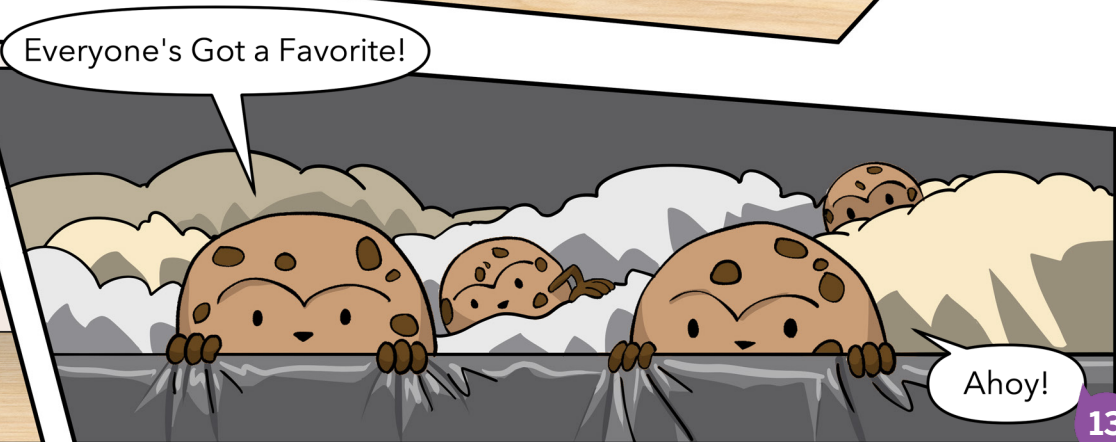
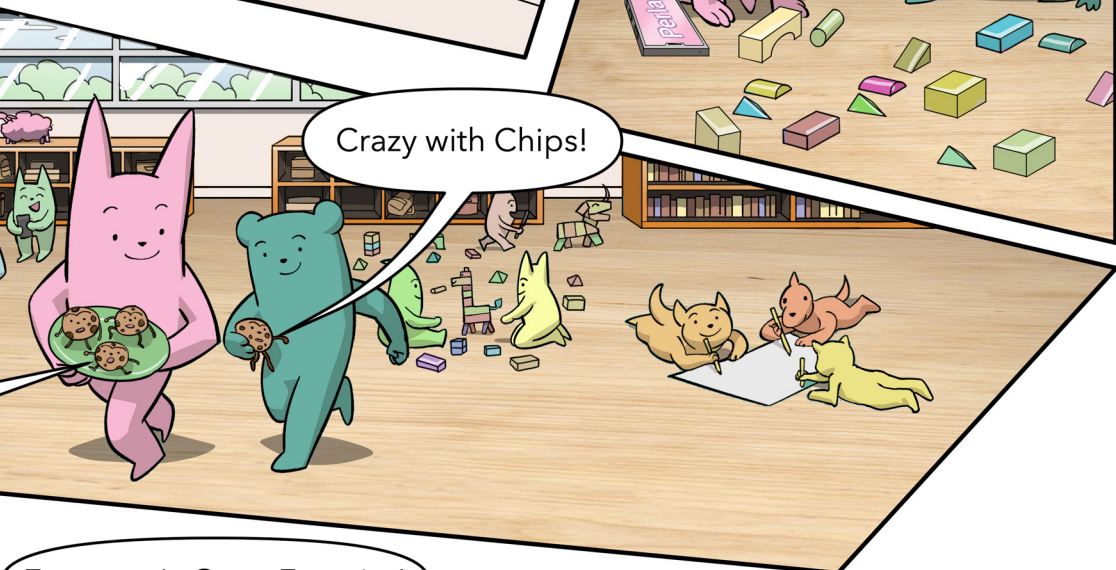
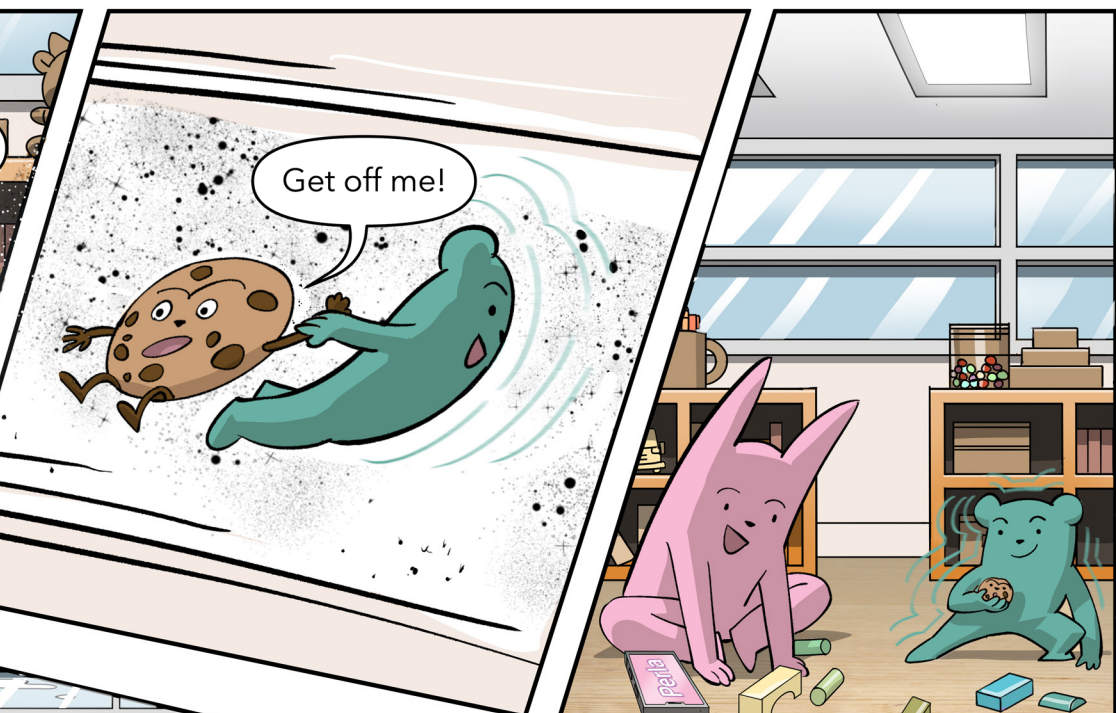
Look Perla, the
Sugar Monster unplugged the
part of your brain that tells you
when you're full.

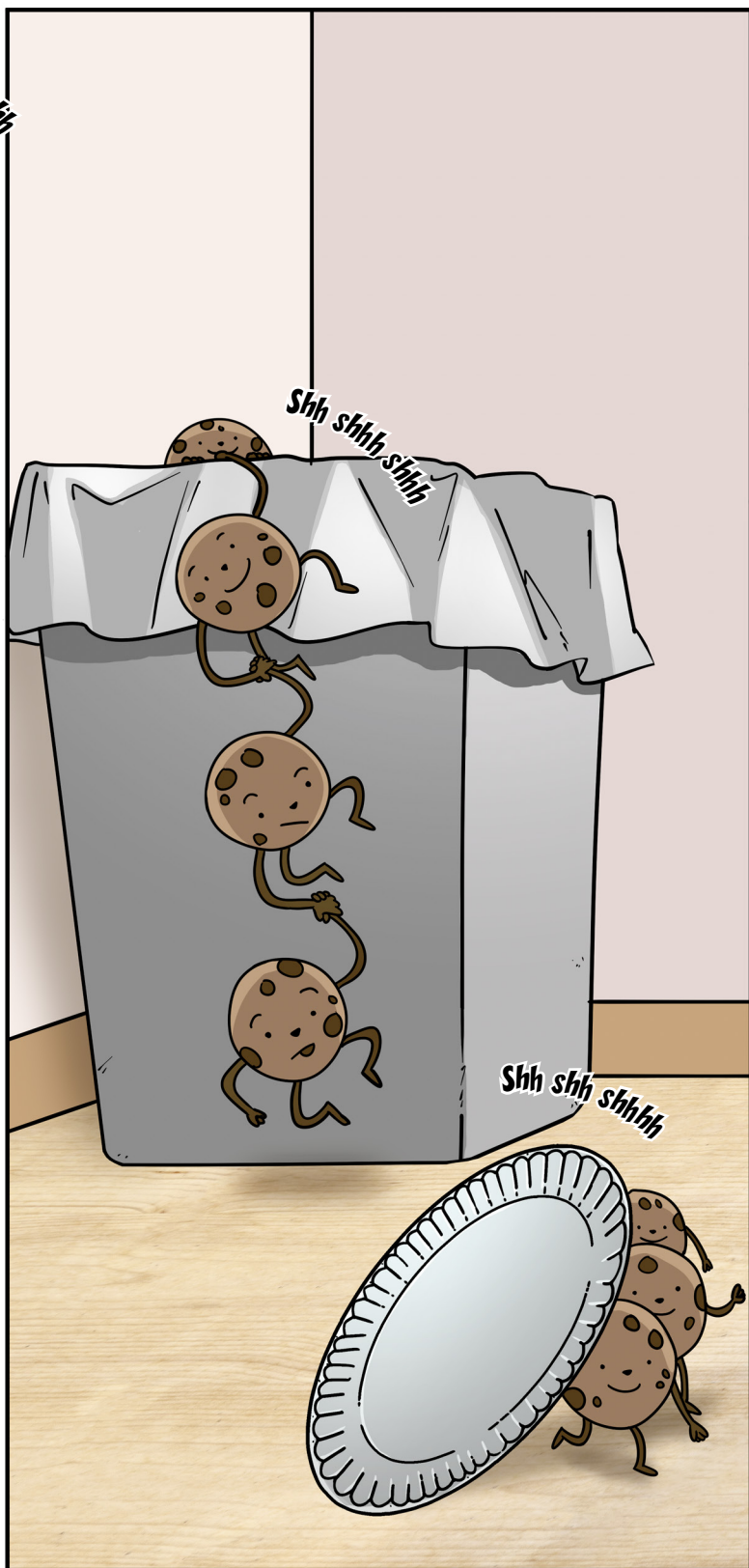
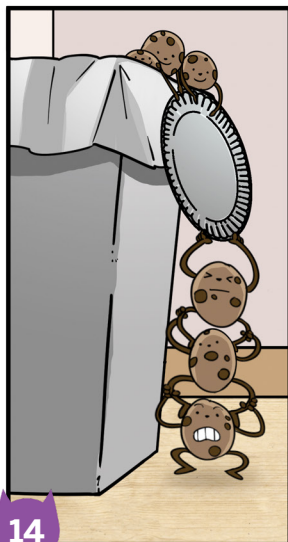
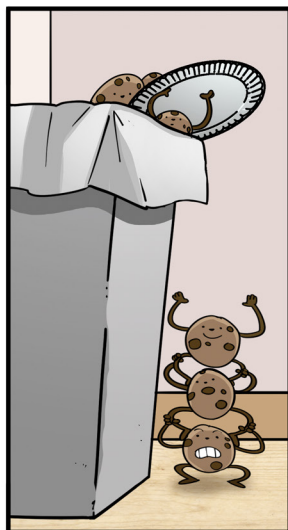
So that's why I'm
hungry after I'm full!

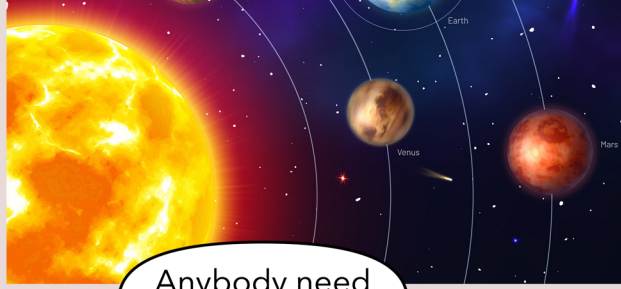
am 340mg
Total Carbohydrate 2
Dietary Fiber 1g
Sugars 10g
Protein 8g

Vitamin A 0%





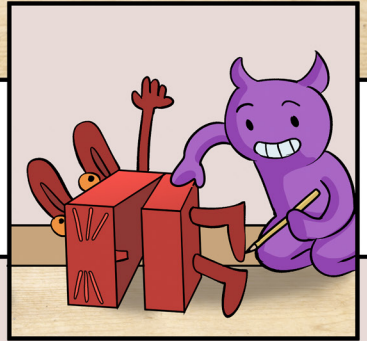
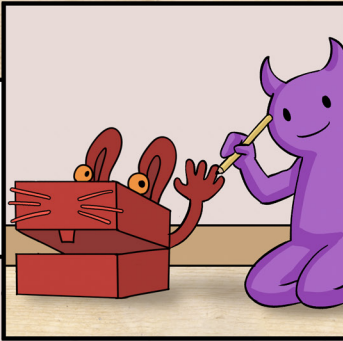
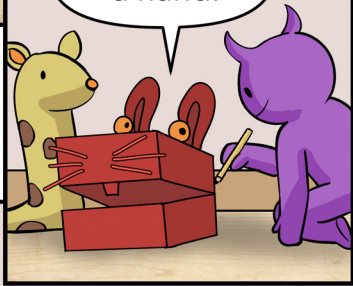




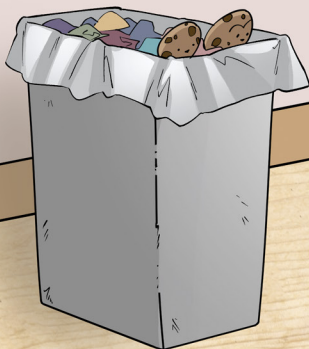
Anybody need
a hand?



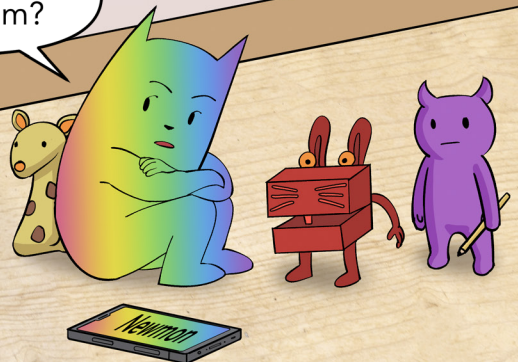
I could use
a hand.

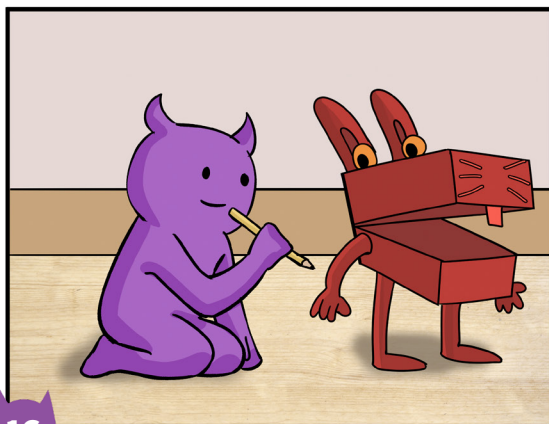
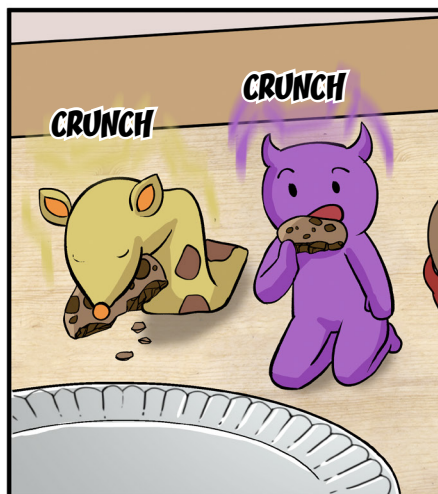
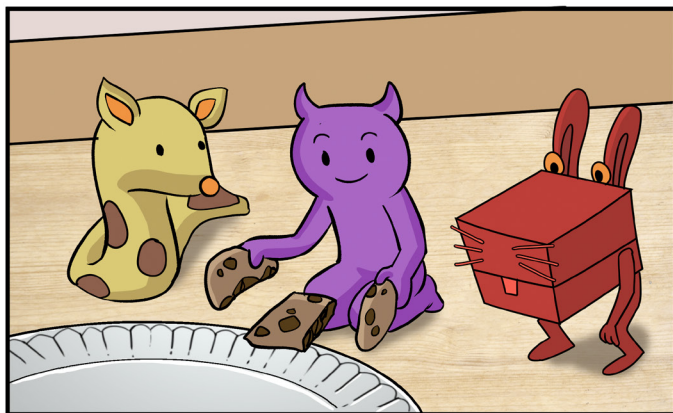


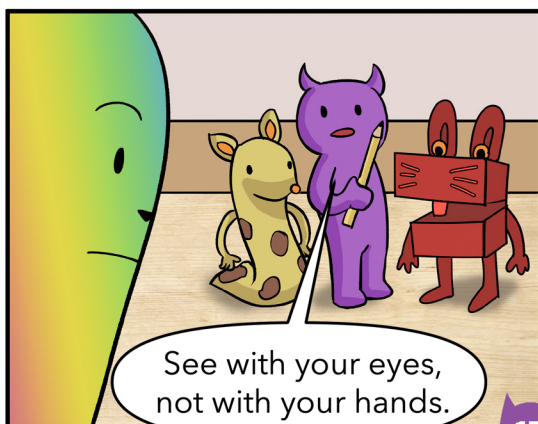
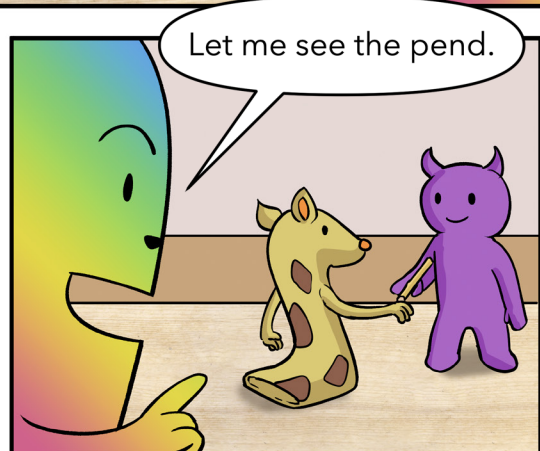
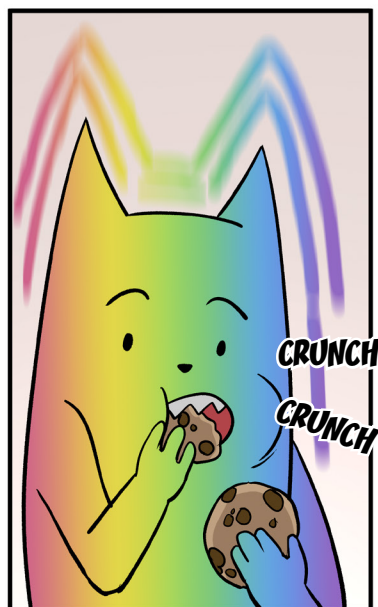
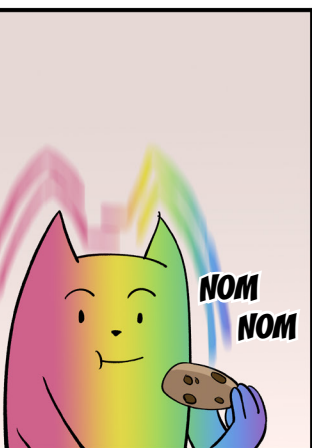
Where did they
come from?



psst psst psst











Body Chemistry

1. What did Perla eat for breakfast?
2. Why did Perla feel hungry even though she ate a lot of food?
3. Why do you think so many kinds of breakfast foods for kids are so full of sugar?
4. Why do you think Midori and Perla decided to throw away the cookies?
5. What kinds of foods do you think might have made Perla feel full?
6. Who ate the cookies that crawled back out of the garbage? How did eating the cookies affect Newmon? Why?
7. **Drawing Prompt Extension:** Draw a plate that shows one breakfast Perla could have had to power her through the morning.

